



Cindy Myers, PT, DHSc, CEASII, TPS (Therapeutic Pain Specialist)

Certifications:

- Ergonomic Analysis Specialist level 2 (CEASII)
- Mindfulness Instructor (ACIML)
- Therapeutic Pain Specialist (TPS)
- Augmented Soft Tissue Mobilization (ASTYM) Certified

Education:

- BS in Biology from Wheaton College
- MS in Physical Therapy from University of Indianapolis
- DHSc in Health Science with focus on clinical communication

Professional Interests:

- Stress Management/Emotional Fitness
- Nerve injury and irritation
- Chronic health conditions and persistent pain
- TMJ and facial rehab
- Clinical communication

Personal Interests

- Travel with my husband and family
- Spending time with our grandchildren
- Sewing and crochet
- Hanging out with my miniature parrot Zippy



MORGAN HEIM, DPT

Certifications:

- ASTYM Certified
- Dry needling certified

Education:

- BA in Literature and Psychology from University of Indianapolis
- DPT from University of Indianapolis

Professional Interests:

- Chronic health conditions and persistent pain
- Orthopedics and Sports-related injuries
- Work-related injuries

Personal Interests:

- Playing adult-league women's rugby
- Power lifting
- Spending time with my partner, 2 dogs, and 2 cats